



**Mississippi Chapter
Date: Thursday, March 21, 2024
River Hills Club
Time: 11:30a.m. – 1:00p.m.**

Welcome & Opening Comments:

Donna Sue Ward and Stacy Butler welcomed members and visitors to the meeting. Each guest was given a raffle ticket for door prizes. The meeting was called to order at 11:35 a.m. with the welcome and prayer/blessing of the food. There were 9 in attendance.

Items of General Interest:

Donna Sue Ward presented the October meeting minutes and Treasurer's Report for approval. A motion to accept the previous month's meeting minutes and Treasurer's Report was given by Stacy Butler and seconded by Earlene Weathersby.

Program:

Donna Sue Ward presented the meeting agenda, and Mary McClendon introduced our guest speaker, Willie Johnson, CEO of Willie Johnson Communications, a training and consulting company. Willie virtually presented a training session, "Navigating Burnout: Strategies for Workplace Well-Being". His training delved into the critical issues of burnout and stress in today's workplace. He shared valuable insights into identifying the signs of burnout, understanding its impact on individuals and organizations, and the practical strategies to prevent and mitigate its effect, through interactive discussions and real-world examples. He also shared with the attendees the importance of prioritizing employee well-being and cultivating a supportive work environment.

Membership was extended to the guests. Door prizes were presented to 3 raffle ticket holders.

Closing:

Donna Sue Ward closed the meeting with an appreciation of those attending. The May meeting date and location will be forthcoming.

The meeting was adjourned at 1:00 p.m.

Respectfully submitted by: Mary McClendon, Secretary